

THE PARC

Lunch : Dinner



FROM THE GARDEN

ADD CHARBROILED CHICKEN BREAST or BAY SHRIMP FOR \$3 OR SALMON FILET, SCAMPI, or FLAT IRON STEAK FOR \$5

GF ➤ **HOUSE SALAD** SIDE \$3/ BOWL \$6
Salad mix and spring greens topped with tomato wedges, cucumber slices, and baby corn. Your choice of dressing.

CAESAR SALAD SIDE \$3/ BOWL \$6
Romaine lettuce topped with shredded Parmesan and fresh croutons with a Caesar dressing.

BLACK BEAN SALAD BOWL \$8
Romaine lettuce topped with crumbled black bean patty, sweet corn, diced tomatoes, green onion, cilantro, and feta with a sriracha ranch dressing.

GF **AVOCADO CHICKEN SALAD** BOWL \$8
Salad mix topped with charbroiled chicken breast, black beans, diced tomatoes, red onion, and feta with an avocado ranch dressing.

GF **SPINACH SALAD** BOWL \$8
Baby spinach leaves topped with your choice of salmon filet or charbroiled chicken breast, raisins, walnuts, and feta with a balsamic maple dressing.

GF ➤ **STUFFED AVOCADO** \$6
Tuna stuffed avocado with capers, celery, and diced tomatoes.

DRESSINGS

ALL DRESSINGS COME ON THE SIDE

Honey Mustard

GF Ranch, Blue Cheese, Caesar, and Thousand Island

➤ Italian and Asian Sesame

GF ➤ Raspberry Vinaigrette, Balsamic Vinaigrette, and Oil & Vinegar

SANDWICHES

INCLUDES YOUR CHOICE OF HOUSE SALAD, CAESAR SALAD, SOUP, FRESH FRUIT, FRENCH FRIES, SWEET POTATO FRIES, OR POTATO CHIPS

GLUTEN FREE BREAD AVAILABLE

REUBEN SANDWICH FULL \$9/ HALF \$5
Corned beef, Swiss, sauerkraut, and thousand island dressing served grilled on your choice of bread.

BRIE AND BACON SANDWICH
FULL \$9/ HALF \$5
Crispy bacon and grilled onions topped with melted brie served grilled on your choice of bread.

BATTERED COD SANDWICH \$8
Crispy beer battered cod with tartar sauce served on a hoagie bun and a side of coleslaw.

SANDWICHES Continued...

GRILLED CHEESE SANDWICH

FULL \$8/ HALF \$4

Parmesan, sharp white cheddar, and Swiss served grilled on your choice of bread with homemade tomato jam.

ANGUS PRETZEL BURGER

FULL \$9/ HALF \$5

Charbroiled fresh Angus beef patty topped with lettuce, sliced tomato, red onion, and mayonnaise served on a pretzel bun. Your choice of medium cheddar, sharp white cheddar, Swiss, provolone, pepper jack, or brie. Half order comes on brioche bun.

FLAT IRON STEAK SANDWICH \$8

Garlic and paprika marinated flank steak with mayonnaise and chimichurri sauce served on ciabatta bread.

THE SANDWICH STACK FULL \$9/ HALF \$5

Build your own sandwich. Select one of each from the following: MEAT- roast beef, black forest ham, corned beef, or deli turkey, CHEESE - medium cheddar, sharp white cheddar, Swiss, provolone, pepper jack, or brie, BREAD- white, wheat, sourdough, rye, rustic white, or ciabatta. Sandwiches are topped with lettuce, sliced tomato, and mayonnaise.

ENTREES

SERVED AFTER 4:30PM

ALL ENTREES ARE SERVED (unless otherwise noted) WITH YOUR CHOICE OF FRENCH FRIES, SWEET POTATO FRIES, MASHED POTATOES, BAKED POTATO, SCALLOPED POTATOES, OR RICE PILAF AND THE VEGETABLE OF THE DAY

GF ➤ **CHILI GLAZED SALMON** \$12
Pan seared salmon filet brushed with a sweet chili glaze.

GF ➤ **MARINATED PORK CHOP** \$12
Charbroiled pork chop marinated in rosemary and garlic topped with demi glace.

GF **CHICKEN MARSALA** \$12
Charbroiled chicken breast topped with mushrooms and a Marsala wine sauce.

GF ➤ **CHIMICHURRI FLAT IRON STEAK** \$13

Grilled flat iron steak marinated in garlic and paprika topped with fresh chimichurri sauce.

SMOKED SALMON PASTA \$12
Linguine pasta with mushrooms, capers, diced tomatoes, and red onion in a lemon cream sauce topped with smoked salmon.

GF ➤ **THAI GRILLED COD** \$12
Basmati rice with grilled cod filet, leeks, and asparagus in a Thai coconut curry sauce.

GF - Gluten Free

➤ - Dairy Free