

SMALL PLATES

Cheese Fondue & Garlic Bread | \$8
Swiss cheese fondue with grilled rustic bread.

Lamb Chops | \$10
Pan seared, served with mint jelly. GF, DF

Teriyaki Meatballs (5) | \$8
Beef and pork meatballs tossed in teriyaki sauce and topped with sesame seeds and green onions.

Toasted Garlic Cheese Bread | \$5
Thickly sliced rustic white bread toasted with rosemary garlic cheese spread.

Build Your Own Omelete | \$8
Filled with your choice of CHEESE: cheddar, swiss, provolone, choice of VEGETABLE: onion, tomato, spinach, mushroom, served with hash browns or fruit.

Smoked Cheddar Macaroni & Cheese | \$8
A rich and creamy blend of swiss and smoked cheddar cheese, topped with crispy onions.

Vegetable Spring Rolls (5) | \$6
Deep fried spring rolls stuffed with cabbage, green beans, mushrooms, carrots, and onions, served with a sweet chili sauce. DF, V

Shrimp Scampi (6) | \$8
Pan sauteed shrimp served over wilted spinach and topped with a sweet chili glaze. GF, DF

Sea Scallops (4) | \$10
Pan seared sea scallop served over wilted spinach, drizzled with chimichurri sauce. GF, DF

Stuffed Avocado | Half \$6/Full \$10
Avocado stuffed with homemade tuna salad, diced tomatoes and avocado. GF

FROM THE GARDEN

Our dressing options are caesar, ranch, honey mustard, sesame asian, raspberry vinaigrette (GF), italian (GF), 1000 island (GF), and balsamic vinaigrette (GF).

Southwest Salmon Salad | \$14
Charbroiled salmon on romaine lettuce with red onions, sweet corn, black beans, diced tomatoes, and feta cheese, served with Italian dressing. GF

Avocado Chicken Salad | \$13
Salad mix topped with charbroiled chicken breast, black beans, diced tomatoes, red onion, and feta, served with avocado ranch dressing.

Fusion Bowl | \$13
Tomatoes, feta, pickled onions, hummus, cucumber, roasted corn, pepperoncinis, and tortilla strips, served with your choice of sautéed beef or salmon.

Turkey Cobb Salad | \$13
Diced turkey, hard boiled eggs, crispy bacon, avocado, tomatoes, and crumbled blue cheese, served with your choice of dressing.

House Salad | Small \$5/Large \$8
Salad mix and spring greens topped with tomato wedges, cucumber slices, baby corn hard boiled egg, and your choice of dressing.

Caesar Salad | Small \$6/Large \$10
Romaine lettuce topped with shredded parmesan and fresh croutons, tossed in a caesar dressing.

Salad, Soup & Bread Trio | \$9
Small Caesar salad, a cup of our daily or monthly soup, accompanied by a slice of cheese bread.

PARC BURGERS

Black Bean Burger | \$12
Charbroiled plant-based black bean burger topped with lettuce, sliced tomato, red onion, mayonnaise, and your choice of CHEESE: cheddar, swiss, or provolone, served on a brioche bun. V

Angus Burger | \$12
Charbroiled fresh beef patty topped with lettuce, sliced tomato, red onion, mayonnaise, and your choice of CHEESE: cheddar, swiss, or provolone, served on a brioche bun.

SANDWICHES & WRAPS

Includes your choice of house salad, caesar salad, soup, fresh fruit, french fries, sweet potato fries, tater tots, or potato chips. Gluten free bread also available.

Reuben Sandwich | Half \$8/Full \$12
Corned beef, swiss, sauerkraut, and thousand island dressing, served grilled on your choice of bread.

BBQ Pulled Pork Sliders | \$12
Slow cooked BBQ pulled pork topped with crispy onions and roasted garlic aioli, served on sliders buns.

The Sandwich Stack | Half \$7/Full \$12
Choice of BREAD: White, wheat, sourdough, rye, or rustic white, MEAT: Ham, corned beef, or turkey, CHEESE: Cheddar, swiss, or provolone, topped with lettuce, tomato, and mayonnaise

Chicken Caesar Wrap | \$12
Crispy chicken, romaine, parmesan cheese, and caesar dressing, rolled in a spinach wrap.

MAIN PLATES

Available after 4:30pm

Served with your choice of french fries, sweet potato fries, tater tots, mashed potatoes, baked potato, baked sweet potato, scalloped potato, or brown rice, and the vegetable of the day.

Lump Crab Cakes | \$14
Cheddar lump crab cakes served on napa cabbage coleslaw with lemon butter sauce.

Chili Glazed Salmon | \$15
Pan seared salmon filet, brushed with a sweet chili glaze. GF, DF

Battered Fish & Chips | \$14
Battered fish filets fried and served with french fries, tartar sauce, and napa cabbage coleslaw.

Pork Schnitzel | \$14
Crispy pork schnitzel topped with a parmesan arugula salad and lemon caper chive dressing.

Mongolian Beef | \$14
Marinated beef sautéed with peppers and onions, served over rice and topped with spring onions.

Chicken Marsala | \$14
Pan sauteed chicken breast, topped with mushrooms and a marsala wine sauce. GF

LAUREL PARC
AT BETHANY VILLAGE

A Senior Living Community

PARC



COCKTAILS

Martini | \$5
Made with gin or vodka, dry vermouth, and a olive garnish.

Gin & Tonic | \$5
Refreshing gin with tonic, served over ice with a lemon wedge.

Vodka & Tonic | \$5
Crisp vodka with tonic, served over ice with a lemon wedge.

Rum & Coke | \$5
A classic mix of smooth rum and crisp cola.

Margarita | \$5
A zesty blend of tequila, lime juice, and orange liqueur, served with a salted rim.

PIZZA

Weekly Pizza | \$10
Ask your server about this week's speciality personal pizza.

SIDES \$4

Steamed Carrots GF, DF

Steamed Broccoli GF, DF

Sautéed Spinach GF, DF

Steamed Peas GF, DF

Steamed Corn GF, DF

Grilled Asparagus +\$1 GF

Vegetable of the Day

French Fries

Sweet Potato Fries

Tater Tots

Brown Rice GF, DF

Mashed Potatoes GF
After 4:30pm

Scalloped Potatoes GF
After 4:30pm

Baked Potato GF, DF
After 4:30pm

Sweet Baked Potato GF, DF
After 4:30pm